DIY CLEANING BABY WIPES

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This is a guest post. Thank you Emma Hamilton for sharing this article with me and my readers:

Have you ever tried calculating how much money you spend on baby wipes? If you haven't already then I should let you know that its a lot!

Not only are they expensive but store bought baby wipes do have some scary ingredients. The front says 'alcohol-free', 'eco-friendly', 'baby safe', 'non-harmful', 'calming', etc. But when you look at the back and start reading, oh my, would you want to cry... There is a ton of ingredients that are one more complicated than the next. Mainly chemicals...

So, here you will find a tip on how DIY really safe and natural baby wipes which will not only be safe for your baby but also will be very easy on your pocket. And these baby wipes will be reusable, so you will have to spend very little money on making them. And what is better than homemade frugal reusable cleaning hacks, huh?

So here is what you will need: white baby washcloths, as much as you want; oil; essential oils; soap and water. The oil keeps the skin soft, the essential oils can do wonders, depending on the type that you use, and soap and water will safely clean your baby's bottom, hands, face, etc.

To make the solution you can use the following recipe:

1/4 cup of aloe vera gel

1 teaspoon white vinegar

2-3 drops of tea tree essential oil and 2-3 drops of lavender or camomile essential oils

1/2 cup of water

Mix the ingredients in a bowl and if you keep an old baby wipes dispenser you can put your baby washcloths in it and pour some of the solution in the container to soak into the wipes. Do not soak them too much, just enough that they are not dry. Or you can simply use them separately, put the solution in a bottle and just use a bit on the cloth when you need it. **If your baby has a rash, do not put in the vinegar**. <u>Carpet cleaning london</u> explains that the tea tree oil is used for its anti-bacterial properties to keep your baby safe, and the lavender and camomile have calming properties, so use whichever you like the most.

If you do not want to deal with washing the baby cloths after each use and still rather have dispensable baby wipes, you can also DIY paper towel baby wipes.

Get a roll of paper towels and saw it in half. Put one of the halves in a plastic container or a bowl, wherever you would be keeping your baby wipes. Then you would need to fill the container with the solution and leave it until the mixture has soaked the bottom part of the roll, then turn it around so that the other side can get soaked too, and the paper towels turn into wet baby wipes.

Here you can use your baby wash, shampoo or soap if you are confident that they are safe. Add one tablespoon of what you have chosen and add 1 teaspoon olive oil, if you wish to you can add the essential oils here as well, 2-3 drops of the essential oil of your choice, and add water.

And when the solution is all soaked into the paper towels, your <u>DIY baby wipes</u> will be ready to use. Try any of these methods and you will see how much easier, cheaper and safer for your baby it is. And of course, the entire family can use them.

Thanks for reading! do comment if you try the recipe!

