COMPARISON AND REVIEWS OF BABY CARRIERS IN INDIA

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Categories: <u>baby wearing</u>, <u>Breastfeeding</u>, <u>Evolutionary lifestyle</u>, <u>Natural living</u>, <u>Parenting</u>, <u>Reviews</u>, <u>slings</u>, <u>Toddler</u> Tags: <u>anmol baby carriers</u>, <u>anmol vs soul</u>, <u>baby carriers</u>, <u>baby wearing</u>, <u>baby wearing reviews</u>, <u>babywearing india</u>, <u>cookkie pie vs anmol</u>, <u>dulaar mai tei</u>, <u>easy feel ssc</u>, <u>india</u>, <u>indian</u>, <u>indian baby carriers</u>, <u>indian carriers reviews</u>, <u>mom</u>, <u>motherhood</u>, <u>Parenting</u>, <u>reviews</u>, <u>toddler</u>



Continuing from the <u>previous post</u>, since I do get to review and try many carriers and also recommend carriers to the parents who come to the South Mumbai wing of the <u>Mumbai Sling</u> <u>Library</u> meet ups, I thought I'd dedicate a comprehensive space on this blog and add brands/ carriers on here as and when I receive for review. This post also serves as a first time baby wearer's guide to what she should go for.

What are the Indian carriers and brands out there?

Anmol Baby carriers: The reason why Anmol has been mentioned so often on my blog is because it's my first wrap and my first introduction to the real world of baby wearing in India. Rashmee has become a good friend and her passion and love for baby wearing is contagious. She puts her heart into her products and most of her fabrics of her carriers are handwoven with the softest, cushiest feels ever and the colours are just to die for. Anmol is the only Indian brand that has the <u>stretchy / hybrid wrap</u> that I recommend all pregnant and new parents (that I council for lactation issues) to have or parents with newborns. Now with their recently launched <u>low budget handwoven</u> wraps, that could be a great option for newborns as well.



Cuddle n care: I had a chance to sample a few of Smita's carriers when she came to my home to lend me some for a <u>Mumbai Sling Library</u> and loved them. She has a wide range. Fully reversible and adjustable Meh Dai which can truly be used from new borns to toddlerhood, ring slings, really beautiful jacquard wraps and SSC's whose size can be adjusted by drawstrings, a true novelty!

<u>Kolkol baby carriers:</u> I recently tried the full buckle or soft structured carrier from Kol Kol and loved it. It looks super stylish, unisex, and has the cushiest shoulder strap. Kol Kol also seells infant inserts with the full buckle so this makes it a great choice for a newborn onwards.

great for carrying heavier babies but slightly bulky to grab and go. it was a super well made and high quality carrier but Soul's full buckle seemed slightly larger in standard size. I also tried their Meh Dai and though it's nice and adjustible I preferred Cuddle n care's Meh dai (reviewed below) for comfort.





<u>Maaeri</u> Artisanal Embroidered Ring Slings: I have written a detailed review of this brand and their slings <u>here.</u> Please read it! but to cut the long story short, I LOVE this sling so much that when i am not wearing my baby i am wearing my doll!

Soul Slings: I have tried a full buckle from Soul sent for review. Do have a look at my review here. Soul carriers are really stunning to look at and have tons of varieties. They clearly have the most new launches and the most restocking happening and are probably the only truly professional baby carrier makers in India. I loved the <u>Soul Meh Dai</u> when i tried it recently. even with my tall 4 year old it was weightless. I just didn't feel him. As you can see in the accompanying picture, the straps can be adjusted to go almost knee





to knee in a tall preschooler and can easily fit a young baby from 4 months onwards too.

Soul also has the <u>Onbuhimo</u> in it's stash of carriers which is my new favourite carrier for the toddler. An Onbuhimo is a waistless back carrier and it's like wearing a back pack on your shoulders. It takes a bit of getting used to but the carries are super high and the toddler can look over your shoulder and see the world and is also easy to put on and take off if you child is cooperative.



Soul has also recently launched **AnoonA** which is a full adjustable carrier that can be used from birth to toddlerhood and can also be worn front facing. A game changer for the Indian market being the

most versatile of all carriers.

<u>Little Wings</u>: Little Wings are a new brand of ring slings and wraps currently (and are going to manufacture Meh dais soon). They have beautiful

cushy handwoven fabrics and lovely soothing colours to choose from. Their ringsling is quite toddler worthy and grippy and I loved the pastels of the carrier i received for review.

So! Which carrier should you choose?

Well I'd say attend a few <u>meet ups</u> and try out carriers before you choose.

However here are a few recommendations.

Expecting or new mammas:

Hybrid wraps or stretchy wraps are my number one recommendation for newborns. The Moby is a very popular wrap in the US and its Indian cousin the hybrid wrap by Anmol is one step further. Since it has the non-stretchy front it can hold much heavier babies without sagging. Here I am with my 12 kg one year old and a mom with a couple of weeks old baby in the same hybrid wrap.







Me with my 13 month old

Since Anmol and Soul now have woven wraps in a lower budget (<u>Anmol's</u> are hand woven and <u>Soul's</u> are machine woven) these can also be a great first and last carrier. The versatility of woven wraps is un paralleled. You can use it from newborn till easily the age of 2 or 3, you can do front carries, back carries, hip carries, It is truly the only carrier you need to use.

Just to prove that point have a look at these pictures with the same handwoven wrap since when A was a few days old to a few days ago.





The same handwoven wrap with my second as a newborn a few days old







The difference between a hybrid or stretchy wrap and a woven wrap is that the woven wrap has more of a learning curve. With the hybrid wrap you just put it on you and put the baby in. since it's stretchy it will shape itself to the baby. With the woven however you have to drape it on, then put in the baby, then tweak and adjust and finish until you get the perfect fit. Of course practice makes perfect and you honestly don't need another carrier. Ever.

Updated to add: Anmol has launched a really amazing handwoven wrap in a budget called <u>Reyansh</u>. it's thin enough for the weather, cushy enough for bigger babies and newborns alike and super soft with the new weft. Here's me in an Anmol handwoven woven wrap with my one month old and now my 13 month old and in both he is **happily breastfeeding in these pics!**





And nursing my 13 month old discreetly in the same woven wrap

Cuddle n care also has lovely woven wraps.

Soul Sling AnoonA: This new carrier of Soul slings has been getting rave reviews though I am yet to try it. The uniqueness is that it's a full buckle (read very first time parent friendly) and it can be used for a new born as it can be adjusted to make it tiny and snug. On the other hand the same carrier can be used till the child grows into a talking walking toddler too and therefore makes it the one carrier to buy for the entire babywearing lifespan. I will post pictures when I get to try it. It's also a carrier that can be made front facing which many of the ergonomic carriers don't support.



Cuddle n care adjustable meh dai, which can be used from newborn to much older toddler or preschooler. In these pics you can see me wearing a 3 month baby sized doll by adjusting the carrier and pulling the draw stings, picture of the biggest and smallest size, and me wearing my 18 month old in the same carrier. The shoulders are well padded and when spread out cup your shoulders well, the weight is distributed beautifully and thanks to the straps it can fit a much older child as you can adjust the straps on the legs knee to knee.



3 month plus:

If your baby is already past the 3 month mark and you are a first time Sou babywearer go for the SSC or full buckle carrier. Anmol, Soul and Kol Kol are are great Indian brands! Take your pick. Anmol baby carriers and Kol Kol baby carriers also have infant inserts for a child that is smaller than the weight and height range and Soul has a whole new carrier for the newborn to toddler range (AnoonA) though their standard size of carriers are for an older baby. The advantages of an SSC are: they have a far easier learning curve, great for front and back carries, and great for dads. It's super easy to pop your baby in and out!

Meh dai's are also great if your baby is around the 3 month mark or older. They are more customizable than the SSC, a perfect blend between a wrap and a SSC. More structured than a wrap, less structured than a SSC. However between an SSC and a meh dai, I'd still pick a ssc for the simplicity and no brainer on and off.

8 month otd

carrier with my

Woven wraps still fit the bill here.

Ring slings are great for a baby post 5 months though many parents happily wear their newborns in them too. Super easy to pop in and out when babies want to explore and easy for baby to look front and back and all around as she gets older. The only flip side is that since it is only one shouldered, the weight bearing is not that equal. So if you're going to wear an older baby for longer times then it may not be the ideal carrier. Having said that my <u>Maaeri</u> artisanal embroidered ring sling **is my current favourite carrier** with my two year old as I use it for quick ups and downs, putting him to sleep, when I'm out and about and he wants to turn his head 360 degrees etc. not to mention, **in this heat Ring sling's are probably the lightest and least fabric around wearer and wearee.**



1 year plus:

Toddler sized SSCs available with all the above brands, mai teis and woven wraps and not to forget the always lovely and economical ring sling.

I recently tried the buckled Onbuhimo by <u>Cuddle n care</u> and <u>Soul Slings</u>. I also tried a <u>Kol ko</u>l Onbuhimo sent to me for trial before it's launch. Onbuhimos are without a waist belt and only for back carries so perfect for older babies and toddlers as the back carries are very high and then can see above your shoulder very easily and perfect for pregnancy with your second baby as there is no pressure on the tummy.



I absolutely love using the Onbuhimo as my toddler just adores it too. He sits in the middle of the carrier and puts his legs through the holes on his own because he loves going up in it. I find it super easy to wear and with practice it has become very comfortable for slightly longer usage though half an hour is tops for me with a heavy toddler in this carrier. It's my go to now as it folds up and is easy to carry around. The only note of caution with the carrier is that if the child is not compliant or doesn't want to be worn it may pose a problem as in order to wear this carrier it requires the child to put his legs in certain places and to sit tight unlike other carriers where you can easily coax a small child in. here is a picture montage with me and the toddler enjoying various brands of Indian Onbuhimos.

Usage:

If you are a first time baby wearer you may not have a clear picture about how much or wear you will babywear. You may find that you babywear a lot at home, out and about, it just becomes your go to tool for everything like it is mine. I nurse in my slings, put him for naps in my slings, go for walks, keep him in a sling if he is fussy or cranky. If you feel you will use it outside a lot and your significant other and/ or other caregivers would love to wear the baby and your baby is around 3 months or older a SSC is a worthy investment.

As mentioned above a woven wraps is always a great deal and so is a hybrid or stretchy wrap and **if you have a newborn or are pregnant then don't even think twice about buying one of these**.

If you have doubts about baby wearing and **you want an option where baby doesn't feel too hot, or you are unsure if your baby would like to be so snug or facing inwards then a ring sling is great.** Babies 6 or 7 months onwards just love looking all over the place. A ring sling is also good if your baby is super active and may keep changing his mind about coming on and off. The learning curve is more than an SSC but less than a wrap therefore great for a dad! (sorry dads, there are some awesome baby wearing dads out there, but from experience I've seen a lot of you enjoy SSCs more)

If you are looking for a particular purpose like if you're traveling and will be doing a lot of walking then go for an SSC either on rent or to purchase. You won't regret it!

One observation I have made is that the more versatile the carrier the higher is the learning curve, for example : wraps : high learning curve, high versatility, Ring sling: medium learning curve, medium versatility, SSC: low learning curve, lower versatility!

Whoa! This has been two exhaustive posts on the <u>babywearing scene in India</u> and I plant to continue adding to the above reviews as I try more and more brands.

If you live in Mumbai, I also do personalised babywearing consults with families to help them figure out which carrier is best suited to their needs, so do get in touch on aloka@wholesomemamma.in

Try before you buy: Attend the Mumbai Sling Library monthly meet ups all across the city!

Thanks for reading and please leave me a comment if you found my posts useful. Is there anything else you'd like me to cover with regards to babywearing in India?